

You've probably heard advertisements discussing how amazing sedation dentistry is. And the truth is- it is amazing! Sedation dentistry, also known as sleep dentistry, involves using medications to help people relax while they get their dental work done. Obviously, this is a great benefit to patients who are fearful of going to the dentist (and many people are). It is also useful for patients with a strong gag reflex, and to allow more dentistry to be completed in less appointments. You would never be awake to have your appendix removed and why should dental surgery be different? So really, EVERY patient can have a more relaxing, comfortable experience with sedation dentistry.

There are many methods of providing sedation ranging from laughing gas, pills (such as Valium), or conscious sedation. Each method has its advantages and disadvantages, but I would like to highlight the conscious sedation method. Sleep medications are given through an IV. This is the safest form of sedation, since the exact dose of medications can be given based on the needs of the individual patient. Also, advanced monitoring of pulse, blood pressure, pulse oximetry, EKG ensure patient safety at all times. You will not be totally asleep, just very relaxed and care free as your dental work or implants are completed. And most people do not remember afterwards that they were even at the dentist!

We are proud to be one of the few periodontists in Miami certified by the Florida Board of Dentistry to provide dental implants and gum treatment with Conscious Sedation. We also offer laughing gas and oral sedation. We can help you decide which method of sedation is best for you. Dr. Steven Berkowitz is one of the few sedation Periodontists in Miami. Check our website at www.MiamiPerioImplant.com to read more about how sedation can help you have an amazing dental experience.